


March 2020 – AFRH-G Recreational Activities

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	1		2		3	Health/Safety Checks B-2,3,4	4		5		6		7
		0900 Exercise Class (EX) 0930 Table Shuffleboard Tourney 1800 Movie (TH) <i>"Each time a woman stands up for herself, without knowing it possibly, without claiming it, she stands up for all women." — Maya Angelou.</i>		0800 Painting Demo 0900 Balance Class (TH) 1300 Craft Activity(ART) 1330 Cribbage Tournament 1400 Dick & Mickey Pet Visit (L) 1800 Movie (TH) 		0800 Painting Demo 0900 Exercise Class (EX) 1300 Woodshop Safety 1400 Popcorn Matinee Movie 1400 "Hootenanny" Singer (Valor) 1830 Bingo (CC)		0930 Washer Toss Tournament 1300 Painting Activity (ART) 1800 Movie (TH) 		0830 Wal-Mart BusTrip 0900 Exercise Class (EX) 1130 The Chimneys Lunch Trip 1400-1500 Ice Cream Social & 103rd B-day Celebration 1900-2200 Resident Dance 		SERVICE SATURDAY Have something you need some help with in your room? Sign up in Administration to have a few military volunteers lend you a hand. Sign up by Wed. March 4th	
	8		9		10	Health/Safety Checks B-5,6	11		12		13		14
0900 Catholic Service 1030 Protestant Service 1800 Movie (TH) Senior Television <i>Be sure to check Channel 2 for upcoming information on programs and services, and menus!!</i>		0900 Exercise Class (EX) 0930 Hook & Ring Tournament 1500 Apple Class (CLC) 1800 Movie (TH) 		0800-1400 Voting Bus Trips 0800 Painting Demo 0900 Balance Class (TH) 0930 RAC Meeting (CC) 0930 Pool Tournament 1300 Craft Activity(ART) 1400 Intro to Genealogy 1400 Stoli Pet Visit (L)  		0800 Painting Demo 0900 Exercise Class (EX) 1300 Woodshop Safety 1400 Popcorn Matinee Movie 1800 Movie (TH) 1830 Bingo (CC) 		0930 Card Battle Tournament(CC) 1300 Painting Activity (ART) 1400 Fleet Reserve Meeting (TH) 1400 Movie Planning Meeting (BC) 1800 Movie (TH) 		0800 Blind Rehab Coordinator 0900 Exercise Class (EX) 1400 Afternoon Bingo 1800 Movie (TH) 1900-2200 Resident Dance 		0900 Combat Veteran Motorcycle Association Meet & Greet (Lobby) 1115 Murky Waters Lunch & Chandeaur Brewery Tour Trip 1400 Royal Pet Visit (L) 	
	15		16	 St. Patrick's Day	17	Health/Safety Checks B-7,8	18		19		20		21
0900 Catholic Service 1030 Protestant Service 1800 Movie (TH) Woodshop Orientation <i>All New Residents must complete a Woodshop Safety Orientation prior to use. Contact Rec Svc for details</i>		0900 Exercise Class (EX) 1000 Palace Casino Day Trip 1800 Movie (TH)  		0800 Painting Demo 0900 Balance Class (TH) 0930 MWR Committee Meeting 1400 AFRH St. Patty's Day Parade 1430 St. Patty's Day Social 1615 B-Day Photo w/Admin. 1630 Birthday Dinner  		0800 Painting Demo 0900 Exercise Class (EX) 1000 AFRH-G Town Hall (CC) 1300 Woodshop Safety 1400 Popcorn Matinee Movie 1800 Movie (TH) 1830 Bingo (CC) 		0900 Hattiesburg Zoo Trip 1000 Advanced Genealogy 1300 Painting Activity (ART) 1800 Movie (TH) 		0900 Downtown Mobile, AL Museums Day Trip 0900 Exercise Class (EX) 0930 Dice Count Tournament (CC) 1800 Movie (TH) 1900-2200 Resident Dance 		1800 Movie (TH) <i>Have any ideas for new activities or day trips? Let your Floor Rep or Recreation Services know! We are here for YOU !!!</i> 	
	22		23		24		25		26		27		28
0900 Catholic Service 1030 Protestant Service 1330 Pet Ministry Team Visit 1800 Movie (TH) Too Cold to walk outside?? <i>Take advantage of the indoor walking path (7 laps = 1 mile) or the treadmills in the exercise room.</i>		0900 Exercise Class (EX) 1400-1500 Ice Cream Social & New Resident Meet & Greet (CC) 1500 Apple Class (CLC) 1800 Movie (TH) 		0800 Painting Demo 0900 KAFB Exchange & Promenade Shopping Trip 0900 Balance Class (TH) 1300 B-day Card Making Activity(ART) 1800 Movie (TH) 		0800 Painting Demo 0900 Exercise Class (EX) 1300 Woodshop Safety 1400 Popcorn Matinee Movie 1800 Movie (TH) 1830 Bingo (CC) 		0900 GulfQuest Museum Trip to Mobile, AL 1300 Painting Activity (ART) 1330 Pinochle Tournament 1330 Piano Lounge Social (Valor) 1800 Movie (TH) 		0800 New Resident Orientation 0900 Exercise Class (EX) 0930 Trash-Can Curling (CC) 1400 Afternoon Bingo 1800 Movie (TH) 1900-2200 Resident Dance		0830 Christening of the "Lenah Sutcliffe Higbee" (DDG123) @ Ingalls Shipbuilding 1400 Royal Pet Visit (L) 1800 Movie (TH) 	
	29		30		31	APRIL	1	APRIL	2	APRIL	3	APRIL	4
0900 Catholic Service 1030 Protestant Service Recreation Areas Open 24-7 <i>Walking Trail Etiquette- Bikes go Counter Clockwise, Walkers go Clockwise.</i>		0900 Exercise Class (EX) 1330 Spades Tournament 1800 Movie (TH) 		0800 Painting Demo 0900 Balance Class (TH) 0930 Darts Tournament 1300 Craft Activity(ART) 1400 Computer Group Mtg. 1800 Movie (TH) 		0800 Painting Demo 0900 Exercise Class (EX) 1300 Woodshop Safety 1400 Popcorn Matinee Movie 1800 Movie (TH) 1830 Bingo (CC)		0900 "Laura Plantation" Creole Tour Trip on River Road, LA 1300 Painting Activity (ART) 1800 Movie (TH) 		0900 Exercise Class (EX) 1800 Movie (TH) 1900-2200 Resident Dance 		All Programs and Activities included on this calendar are considered Public for the purpose of Photography. 	